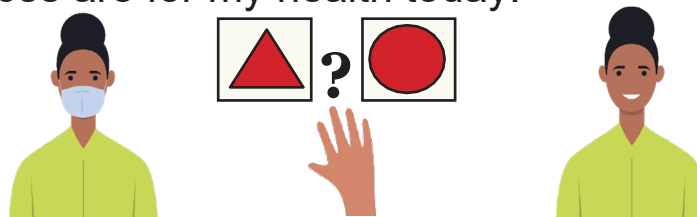


Continuing to Learn About COVID-19

The world is learning a lot about COVID-19. Scientists and doctors are working hard to learn the best ways to keep people healthy. They work together to make vaccines, boosters, and medicines. They do tests to find ways to protect people from the COVID-19 virus. Scientists and doctors have an important job to give information to the world. Since it takes time for them to learn new things, sometimes, their advice changes when they discover something new.



It can be frustrating and confusing when information changes. Sometimes I might be told to wear a mask to stay healthy and sometimes I might be told it is ok to not wear a mask. I can look for a sign on the door of a store or building to see if they require me to wear a mask while I am inside. It is important to ask questions to people I trust. They can help me understand what the best choices are for my health today.



I know that when information changes, it is because the scientists and doctors have learned something new. If I feel frustrated or confused, I can take some deep breaths and take a break. I know everyone is working hard to help people stay healthy. The world is continuing to learn about what the best choices are to help people not get so sick. I can be flexible and listen to make good choices for me each day.



For more information visit: www.go.iu.edu/4pJY